Nitric Oxide Production and Nitric Oxide Synthase Activity in Malaria-Exposed Papua New Guinean Children and Adults Show Longitudinal Stability and No Association with Parasitemia

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Individuals in areas of intense malaria transmission exhibit resistance (or tolerance) to levels of parasitemia in their blood that would normally be associated with febrile illness in malaria-naïve subjects. The resulting level of parasitemia associated with illness (the pyrogenic threshold) is highest in childhood and lowest in adulthood. Clinical parallels between malarial and bacterial endotoxin tolerance have led to the supposition that both share common physiological processes, with nitric oxide (NO) proposed as a candidate mediator. The hypotheses that NO mediates tolerance and blood stage parasite killing in vivo were tested by determining its relationship to age and parasitemia cross-sectionally and longitudinally in a population of 195 children and adults from Papua New Guinea encountering intense malaria exposure. Despite pharmacological clearance of asymptomatic parasitemia, NO production and mononuclear cell NO synthase (NOS) activity were remarkably stable within individuals over time, were not influenced by parasitemia, and varied little with age. These results contrast with previous smaller cross-sectional studies. Baseline NO production and NOS activity did not protect against recurrent parasitemia, consistent with previous data suggesting that NO does not have antiparasitic effects against blood stage infection in vivo. The NO indices studied were markedly higher in specimens from study subjects than in samples from Australian controls, and NOS activity was significantly associated with plasma immunoglobulin E levels, consistent with induction of NO by chronic exposure to other infections and/or host genetic factors. These results suggest that NO is unlikely to mediate killing of blood stage parasites in this setting and is unlikely to be the primary mediator in the acquisition or maintenance of malarial tolerance.

The paroxysmal fever of human malaria is thought to result from induction of endogenous pyrogens such as tumor necrosis factor alpha and interleukin-1 by a parasite toxin (or toxins) released at the time of schizont rupture (22). Yet residents of regions where malaria is highly endemic (such as the northern coast of Papua New Guinea [PNG]) experience relatively few episodes of symptomatic malaria (19), despite an estimated inoculation rate of greater than one infective bite per day (13). Chronic asymptomatic parasitization appears to be common in regions where malaria is highly endemic (12), and levels of parasitemia (31, 38, 41) reportedly exceed those associated with fever in malaria-naïve subjects (21). These observations have led to the proposal that a form of antitoxic immunity to malaria exists that has been termed tolerance, a condition that enables the host to resist the pyrogenic effects of a malaria toxin(s) (17, 32). It has been shown that the threshold of peripheral parasitemia associated with febrile illness can be sharply defined in regions of intense malaria transmission (6, 38, 42) and that this threshold has a striking exponentially decaying relationship with increasing age, from a peak at 1 year of age to a plateau in adulthood (19, 38, 41). In contrast, antiparasitic immune responses (thought to be responsible for lowering parasite densities and therefore the risk of clinical malaria) are generally assumed to increase with advancing age.

Malarial tolerance shares interesting parallels with the well-established phenomenon of bacterial endotoxin tolerance, which has led to the proposition that they are mediated by an ultimately common cellular pathway (18). Repeated injections of endotoxin result in diminishing fever responses in humans over a short period of time (45), and it has been shown that even a first malaria infection can induce cross-tolerance to endotoxin (23, 40). The biological mediator nitric oxide (NO) has been proposed to mediate endotoxin tolerance in experimental models (49) and has been shown to down-regulate endotoxin-induced increases in tumor necrosis factor alpha in animal studies (25) and in human monocytes (47). Further-
more, clinical and genetic association studies have suggested that NO production can protect against severe malaria (2, 24). Strikingly high basal production of NO has been described in disease-free individuals from areas where malaria is endemic (3, 9), and NO levels were reportedly higher in children than adults in one uncontrolled PNG study (17). NO levels were positively correlated with parasitemia in two of these studies (3, 9), consistent with data from animal models (26) and the demonstration that the putative malarial toxin glycosylphosphatidylinositol can induce NO synthase (NOS) in macrophage and endothelial cells (44).

Hence, we and others (18) have hypothesized that NO is a key mediator of malarial tolerance in heavily exposed individuals and that NO levels would positively correlate with parasitemia and inversely correlate with age in parallel with the decaying pyrogenic threshold. To test these propositions, we studied NO production and NOS activity in an asymptomatic malaria-exposed population ranging in age from 1 to 60 years, in whom disease-related inflammatory responses would not confound interpretation of the data. NO donors have been shown to kill blood stage malaria parasites in vitro (37), and it has been suggested that NO may have similar antiparasitic effects in vivo (10, 37). We therefore extended our studies to investigate whether NO production would be inversely related to parasitemia (the opposite of our primary hypothesis) and whether NO indices would predict the likelihood of recurrent parasitemia after pharmacological clearance. We also studied the relationship between NO and baseline plasma immunoglobulin E (IgE) levels (a marker of intestinal parasitosis), as it has been suggested that IgE-mediated induction of NOS2 via CD23 may increase NO in populations where malaria is endemic (34).

MATERIALS AND METHODS

Subjects and controls. The ethics committees of the PNG Institute of Medical Research and the Menzies School of Health Research approved the study. Subjects were recruited from two coastal villages (Haven and Midiba) in Madang Province, PNG, during the high-transmission wet season between February and May 2000 (14). In this region, four species of malaria that are transmissible to humans are present, the inoculation rate is estimated at one infective bite per day (13), there is little seasonal variation in parasitemia rates (16), and malaria is characterized by relatively mild attacks that decrease in frequency with age (19). Controls were non-malaria-exposed asymptomatic adults from Darwin in tropical northern Australia with little exposure to intestinal parasites (20).

Nonpregnant adults and children aged ≥1 years were screened by fingerprick blood smear for entry into the study. Subjects were selectively enrolled (at time point T0) to include balanced numbers of microscopically parasitemic and aparasitemic subjects. Exclusion criteria were as follows: fever (axillary temperature, ≥37.5°C) on any of three occasions within 24 h, antimalarial or nonsteroidal anti-inflammatory drug ingestion (including aspirin) within 1 week, history of recent malaria infection (fever, chills, sweats, headache, or myalgia within 1 week), or diarrhea (as gastroenteritis has been associated with increased NO production) (29). Darwin controls were recruited in February 2002 with the same criteria, except axillary temperatures were recorded only twice, 16 h apart, and controls were not followed up. Subjects with Plasmodium falciparum infection alone or in combination with other species received a single dose of 25 mg of sulfadoxine/kg of body weight and 1.25 mg of pyrimethamine (Roche, Basel, Switzerland)/kg of body weight and subjects with Plasmodium vivax, Plasmodium malariae, and/or Plasmodium ovale infection were given three daily doses of 10 mg base of chloroquine phosphate (Pharmamed, Zejtun, Malta)/kg of body weight. Follow-up was done using the same procedures approximately 2 to 4 weeks after enrollment at T1 and again approximately 7 weeks after initial enrollment at T2.

Specimen collection and processing. Blood smears were stained with 4% Giemsa stain and examined and/or cross-checked by two field microscopists with ≥12 years of experience. Negative smears had no parasites seen in 100 high-power (magnification, ×1,000) oil-immersion fields. Subjects and controls were given a low-nitrate meal of chicken and rice (and low-nitrate water) and then fasted for 12 h overnight to control for the effect of dietary nitrates on NO measurement (1). Adherence to the fasting protocol was confirmed by supervision (PNG) or questionnaire (Darwin). A second-void urine was collected after the fast, analyzed for infection by dipstick and/or microscopy, and then stored with isopropanol (20% final volume). Blood was collected by venipuncture, plasma was separated by centrifugation, and then peripheral blood mononuclear cells (PBMC) were removed by density centrifugation. Manual leukocyte counts were done with whole blood to calculate parasite densities (27), and all samples were stored at −70°C until assays were carried out.

Laboratory assays. Combined readings from two blood smears, taken ≥24 h apart at screening or venipuncture, were used to categorize the parasite species present and to account for periodic fluctuation of parasitemia (12). Systemic NO production (nitrate plus nitrite [NOx]) was measured in urine and plasma with Aspergillus nitrate reductase coupled with the Griess reaction (1). Creatinine (Cr) and plasma IgE were measured with an automated analyzer. Urine NOx excretion was expressed as the ratio of NOx:Cr to control for variations in urine concentration. The percentage of urinary fractional excretion of NOx (FE(NOx)) was calculated thus: FE(NOx) = 100 × (urine NOx/plasma NOx)/(urine Cr/plasma Cr). NOS activity in lysates of unstimulated PBMC pellets was measured as the amount of [14C]arginine that was converted to citrulline per milligram of total cellular protein/hour (46). P. falciparum merozoite surface protein 1 and P. vivax apical membrane antigen 1 were detected by PCR (to assess treatment efficacy) in whole blood spotted onto filter paper as previously described (43).

Statistical methods. Statistical analysis was performed with Stata 7.0 software (StataCorp, College Station, Tex.). Summary statistics are presented in accordance with the distribution of the data (i.e., means with standard deviations or medians with interquartile ranges [IQR]). Pairwise comparisons of nonparametric continuous data were performed with the Mann-Whitney U test. Otherwise, nonparametric data were log-transformed to normalize the distribution and were compared with the distribution of the data (i.e., means with standard deviations or medians with interquartile ranges [IQR]). Correlations were performed after transformation by comparing Pearson’s r against a value of 0. Multivariate analyses of continuous data were done using linear regression, and logistic regression was used to compute the odds of parasite recurrence in subjects whose parasitemia was initially cleared by treatment. Analysis of variance for repeated measures was used to examine within-subject variation in continuous measures over time, and paired Wilcoxon tests were used to analyze changes in NO production with clearance or recurrence of parasitemia. P values of <0.05 were considered to indicate statistical significance.

RESULTS

Baseline characteristics. Single blood smears from 424 individuals aged ≥1 year (62% from Midiba; 48% male) were screened by microscopy to enable selection of subjects for enrollment. As a reflection of prevalence at the population level, the proportion of subjects positive for any malaria parasite at screening was highest in the 5- to 9-year-old age group and for P. falciparum in the 1- to 4-year-old age group (Fig. 1A). The age-related prevalence of parasitemia, splenomegaly (83% in subjects aged ≤14 years, with a peak of 92% in children 5 to 9 years old), and stated bed-net use (86% overall; 98% in children 1 to 4 years old) was broadly consistent with previous data reported from this region (16, 19). There were 195 subjects enrolled into the study (median age, 14 years; IQR, 9 to 25; 62% from Midiba) (Table 1). The mean age of the 22 Darwin controls was 35 years (standard deviation, 8), and 41% were male. Venissection failed at T0 in 17 subjects (rain washed out the collection with 16 subjects) and 4 subjects failed to produce a urine sample. Two blood smears taken on consecutive days were available for examination from each of 178 subjects.

Additional parasite species were found in the second smear for 20 (28%) of 71 initially aseptic parasitemic subjects and in 25...
(24%) of 106 initially parasitemic subjects. As anticipated, the relationship between level of parasitemia and age was best modeled as an inverse exponential function, both for all parasites ($R^2 = 0.54$; $P < 0.0005$) and for parasitemia with *P. falciparum* ($R = 0.46$; $P < 0.0005$) (Fig. 1B). Axillary temperature was recorded on all three occasions within 24 h in 77, 71, and 73% of subjects at T0, T1, and T2, respectively, with all subjects having at least one temperature recording at each time point. All five of the subjects who were febrile (axillary temperature $\geq 37.5^\circ\text{C}$) at T1 or T2 also reported concurrent symptoms of illness; therefore, subjects with less than three readings who were not febrile on those occasions and who were well were not excluded from the analysis. Eleven of the enrolled subjects met exclusion criteria at T1, and 7 met the criteria at T2 (2 subjects met the criteria at both time points); these subjects were excluded from statistical analyses involving data collected at those times.

Plasma Cr was normally distributed in subjects who were $\leq 18$ years, and none of these children or adolescents had a plasma Cr above the midpoint of their age-standardized reference range (as used by the Royal Darwin Hospital) (data not shown). These low values are likely due to low lean body mass, since 95% of these subjects’ weight was less than their median age-standardized weight (28) (data not shown). Plasma Cr was also normally distributed in subjects of $\geq 19$ years, and only two men had a plasma Cr above the normal range of 60 to 120 $\mu$mol/liter (Cr was 125 $\mu$mol/liter in both men). The median FE\textsubscript{NOx} was 34% in children and adolescents, 34% in adults, and 33% in Darwin controls.

**Pharmacological clearance of parasitemia and follow-up.** Follow-up at T1 was successful for 174 (89%) of the 195 enrolled subjects after a median of 14 days (range, 12 to 32 days). Of these subjects, 132 (76%) were studied on the 14th day and 22 (13%) were studied on the 28th day. Those leaving the study did not significantly differ in age, sex, or village of origin from the remaining subjects. Follow-up at T2 was not attempted with all subjects for logistical reasons: follow-up was successful in 94 (92%) of 102 intended cases after a median of 56 days from T0 (range 40 to 77). Antimalarial treatment was given to all but 3 of 135 initially parasitemic eligible subjects at T0. It was successful in 106 (86%) of the 123 subjects (with any parasite) who attended follow-up at T1 and in 82 (86%) of the 95 subjects whose baseline parasitemia included *P. falciparum*.

PCR was performed with specimens from the 100 nonexcluded subjects at T1 who had been judged aparasitemic by microscopic examination of samples and who had been given treatment to eradicate parasitemia at T0. In samples from 99 subjects with PCR results, *P. falciparum* infection was evident in only 3 (3%) and *P. vivax* in 1 (1%). We studied 65 subjects at T2 who had been given treatment to eradicate parasitemia at T0 and who were aparasitemic by microscopic sample examination at T1. Parasitemia recurred in 29 (48%) of these subjects after a median of 42 days (IQR, 30 to 44) from T1, with *P. falciparum* present in 14 (48%) and *P. vivax* in 18 (63%) of subjects. As expected, the odds of recurrence of parasitemia at T2 after confirmed clearance at T1 was inversely related to age (odds ratio $= 0.5$ for successive age group; 95% confidence interval [CI] = 0.3 to 0.7; $P < 0.001$) and positively related to the time elapsing between T1 and T2 (odds ratio $= 1.5$ for each successive week; 95% CI = 1.2–2.0; $P = 0.001$). There were 51 subjects who had *P. falciparum* infection at T0 in whom parasitemia was cleared with treatment at T1; *P. falciparum* was present in 10 (20%) of these subjects at T2. Thus, the efficacy of parasite clearance and the nature of its subsequent recurrence in some subjects were deemed to be appropriate for the purpose of relating measures of NO to parasitemia in this study.

**Basal NO production at T0 and its relationship to age.** The median plasma NOx was 37 $\mu$mol/liter (IQR, 25 to 55) in 178...
subjects for whom plasma was available and was significantly higher in each age group than in Darwin controls (Fig. 2). Age only explained 2.5% of the overall variation in plasma NOx in PNG subjects \((P = 0.033)\), and plasma NOx was predicted to fall by 3.5% every 5 years, from a peak in early childhood to a low in adulthood \((r^2 = 0.35; P < 0.001)\). However, this result was almost certainly due to a progressive growth-related increase in the denominator (urine Cr) used to calculate this ratio \((5)\). When 24-h NOx excretion was estimated by adjusting urine NOx/urine Cr ratio in children and adolescents by weight-standardized 24-h urine Cr excretion values \((36)\), this apparent significant decrease disappeared (data not shown).

**Relationship between indices of NO and parasitemia.** There was no significant difference in plasma NOx or PBMC NOS activity between subjects with malaria parasitemia (including all species) and aparasitemic subjects at \(T_0\) in univariate analyses or after adjustment for age group and/or sex. Likewise, there was no difference in any measure of NO production between subjects with \(P. falciparum\) parasitemia on blood smear and those without (i.e., including aparasitemic subjects and those with parasites other than \(P. falciparum\)) or those with \(P. falciparum\) parasitemia and aparasitemic subjects. There was no relationship between the highest recorded density of parasitemia over 2 consecutive days (all parasites) or density of \(P. falciparum\) parasitemia and any measure of NO production cross-sectionally at \(T_0\). Similarly, there was no significant relationship between the level of parasitemia on the day of venipuncture and any measure of NO production.

There was a high level of consistency in the central tendencies and spread of results between \(T_0\), \(T_1\), and \(T_2\) for all measured indices of NO production. Within individuals, there was no significant change between results taken at two or more time points for nonexcluded subjects in plasma NOx, urine NOx/urine Cr, or PBMC NOS activity \((P > 0.20\) in each analysis of variance for repeated measures\). This longitudinal stability in NO indices was also evident upon clearance or recurrence of parasitemia following successful initial treatment (Table 2). Basal plasma NOx and PBMC NOS activity at \(T_0\) were not significantly predictive of recurrent parasitemia, either in a univariate analysis or after controlling for the significant effects of age and elapsed time (data not shown).

**TABLE 1. Baseline characteristics of parasitemias in subjects included in the statistical analysis**

<table>
<thead>
<tr>
<th>Age group (yr)</th>
<th>No. (%) of Pf (c) Parasitemia Negative (%)</th>
<th>Number and percentage of subjects with parasitemia either as the sole infecting parasite or in combination with other parasites.</th>
<th>Parasites/(\mu l) (95% CI)</th>
<th>Parasites/(\mu l) (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1–4</td>
<td>22 32 11 3 0 0 0 3 0 0 5 (23) 14 (64)</td>
<td>Number and percentage of subjects with parasitemia either as the sole infecting parasite or in combination with other parasites.</td>
<td>1,008 (403–2520) 1,267 (623–2577)</td>
<td></td>
</tr>
<tr>
<td>5–9</td>
<td>38 53 15 7 3 2 0 4 0 1 0 6 (16) 27 (57)</td>
<td>Number and percentage of subjects with parasitemia either as the sole infecting parasite or in combination with other parasites.</td>
<td>429 (219–839) 453 (267–780)</td>
<td></td>
</tr>
<tr>
<td>10–14</td>
<td>39 51 11 6 4 1 1 4 2 3 0 7 (18) 23 (33)</td>
<td>Number and percentage of subjects with parasitemia either as the sole infecting parasite or in combination with other parasites.</td>
<td>223 (176–592) 259 (156–430)</td>
<td></td>
</tr>
<tr>
<td>15–19</td>
<td>23 39 11 2 1 1 1 0 0 0 7 (30) 16 (70)</td>
<td>Number and percentage of subjects with parasitemia either as the sole infecting parasite or in combination with other parasites.</td>
<td>163 (90–295) 191 (111–327)</td>
<td></td>
</tr>
<tr>
<td>20+</td>
<td>33 43 21 3 0 1 0 9 2 1 1 35 (48) 25 (34)</td>
<td>Number and percentage of subjects with parasitemia either as the sole infecting parasite or in combination with other parasites.</td>
<td>107 (68–168) 95 (69–132)</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>195 46 69 21 8 5 2 20 4 5 1 60 (31) 105 (54)</td>
<td>Number and percentage of subjects with parasitemia either as the sole infecting parasite or in combination with other parasites.</td>
<td>280 (207–379) 262 (202–339)</td>
<td></td>
</tr>
</tbody>
</table>

\(a\) Number of subjects with each species (or combined species) of parasite on examination of two consecutive daily blood smears. Pf, \(P. falciparum\); Pv, \(P. vivax\); Pm, \(P. malariae\); Po, \(P. ovale\); Negative, negative for parasites. Shown are results for 195 subjects who did not meet the exclusion criteria at \(T_0\), so that the parasitemias given are representative of those found in asymptomatic individuals.

\(b\) Number and percentage of subjects with \(P. falciparum\) parasitemia as the sole infecting parasite or in combination with other parasites.

\(c\) Geometric mean of the highest-density \(P. falciparum\) parasitemia.
found the results. There was no evidence that differences in renal handling of NO metabolites affected results, since subjects were healthy, had normal renal function, and had FE_{NO} levels similar to those of controls.

The reasons for increased basal NO production in malaria-exposed populations are unclear but may include tropical enteropathy (29) and/or intestinal parasitosis. We observed a modest association between extraordinarily high levels of IgE (as a surrogate marker of parasitic infection) and PBMC NOS activity, in accordance with previous studies using NO metabolites (34, 35). That this relationship was not stronger might reflect a requirement for complexed IgE to optimally activate the CD23 pathway (33) or a contribution of other pathways linking intestinal parasitosis and tropical enteropathy to NO production. It appears from the disassociation of plasma NOx and NO activity in this study and a previous smaller study (9) that cellular sources other than PBMC may be responsible for elevated NO production. These may include liver, spleen, muscle, gut, and the endothelium of other tissues; these have been associated with NOS2 activation in animal and human malaria and bacterial infections (18). It is possible that malaria and other infections and/or influences have contributed to selection for genetic polymorphisms favoring NOS2 activation in individuals living in PNG (24), although we have not detected common NOS2 polymorphisms in these subjects (8).

That malaria parasitemia was not associated with NO production in the present study, but was in previous smaller cross-sectional studies in Tanzanian children (3) and adults from Papua Province, Indonesia (9), is difficult to explain; factors may include statistical chance, classification of parasitemia (only one smear was examined in a previous study) (3), the epidemiology of nonmalarial infections influencing NO, and/or genetic polymorphisms in NOS2 or other regulatory cytokine genes. For example, a genetically determined maximal level of NO production may have been reached in Madang residents in response to nonmalarial stimuli, such that augmentation by malaria infection was not evident. The longitudinal stability of NOS activity and NO production and lack of protection against recurrent parasitemia support the preponderance of murine data (4) and previous human genetic association studies (24) that suggest NO does not mediate killing of blood stage parasites in vivo, at least in the malaria-tolerant state. These data also argue against NO being a likely candidate for the mediator of density-dependent regulation (10), a phenomenon first described in a Madang cohort (11).

Attention should now refocus on alternative biological pathways that may mediate malarial tolerance, given that it seems unlikely that NO or antibodies to the proposed malaria toxin glycosylphosphatidylinositol (7) are primarily involved. Although earlier studies implicated the importance of NO to endotoxin tolerance development (49), recent work using NOS2 knockout mice has shown that NO is dispensable to this process (48). Experimental evidence is converging to suggest that differential activation of toll-like receptor 2 (by malarial toxin) and toll-like receptor 4 (by bacterial endotoxin) can result in cross-tolerance, independent of paracrine mediators such as NO (15, 30, 39). This accords well with the earlier in vivo experimental data from human studies (23, 40). It is important to note that our findings in asymptomatic individuals do not necessarily exclude other potential antitoxic or anticytoxin pathways.

### Relationship between NO production and IgE

Baseline plasma IgE ranged from 35 to 18,400 international units (kU)/liter and was highly skewed (mean, 3,606; median, 2,200; IQR, 1,000 to 4,800). IgE levels increased with age to a peak in the 10- to 14-year-old group before decreasing and leveling out in subjects aged 15 years and older. IgE was significantly predictive of PBMC NOS activity but explained only 4% of the overall variance (P = 0.014). Predicted NOS activity was 9% higher in successive quintiles of IgE (95% CI = 2 to 17) and not affected by age or sex. There was no association between IgE levels and the measures of systemic NO metabolites. IgE levels were not associated with the presence or density of malaria parasitemia in general or of *P. falciparum* in particular.

### DISCUSSION

We studied NO production and NOS activity in a population of children and adults exposed to intense malaria transmission and demonstrated no relationship with parasitemia and little change with advancing age. This pattern contrasts sharply with that of the exponentially decaying age relationship of the pyrogenic threshold and argues against NO being a major mediator of malarial tolerance. All indices of NO measurement were remarkably stable within individuals over time, regardless of the elimination or recurrence of malaria parasitemia. Nevertheless, NO production was much higher in the study subjects from rural PNG than in urban adult controls from northern Australia. Few subject specimens showed evidence of parasitemia on PCR after drug treatment, which minimizes the likelihood that widespread drug resistance, combined with a (low) parasitemic threshold effect for NO production, contributed the results.
toadherence roles for NO, particularly in malaria disease states where there is suppressive evidence in both animal models (4) and human clinical studies (2, 24). The findings do, however, suggest that investigative efforts should be directed toward other mechanisms if tolerance-like immunity is to be induced as a novel form of therapy or vaccination for malaria.

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