

Grace Nawindj

Yikahwi wurdwurd kunubewu minj  
kabindiwon manbu manme,  
manmakmak yiman, manbu  
kabenkurlbawernwon dja  
kabenmurrngrayekwon. Manbu  
kabirrihngeybun vitamins manbu  
vitamin.C., manu wanjh  
kahkarrme kore lime dja  
orange, wanjh manmekbe manu  
ngurrbenbowo kukku

ngurribomarnbun kabirribongun.

Kunkanj, wilarrk, kundjikkakurrk,

djenj, dja nawern nawu

namakmak kabendjordmiwe.

Yŭn ngurrbenwon kandjidjdjawa

dja tea, makka manwarre

minj kabendjordmiwe,

kabengkurlbawarrewon dja

kabirringudjwarremen.

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